

# CBAM Seven Stages of Concern

Stage of concern	Typical statement
<b>0: Unconcerned</b>	“I think I heard something about it but I’m too busy right now with other priorities to be concerned about it.”
<b>1: Informational</b>	“This seems interesting and I would like to know more about it”
<b>2: Personal</b>	“I’m concerned about the changes I will need to make to my routines.”
<b>3: Management</b>	“I’m concerned about how much time it takes to get ready to teach with this new approach.”
<b>4: Consequence</b>	“How will this new approach affect my students?”
<b>5: Collaboration</b>	“I’m looking forward to sharing some new ideas about it with other teachers.”
<b>6: Refocusing</b>	“I have some ideas about something that would work even better.”

